



# ClariCare® Daily Nasal Hygiene Spray 100 mL

## What is ClariCare® Daily Nasal Hygiene and when you should use it?

ClariCare® Daily Nasal Hygiene is an isotonic solution, combination of natural seawater rich in trace elements and purified water.

### ClariCare® Daily Nasal Hygiene:

- Alleviates nasal symptoms in case of upper respiratory tract infections (acute rhinitis, common cold, flu, acute rhinosinusitis), allergic rhinitis, chronic rhinosinusitis and post-surgery.
- Cleanses blocked nasal passages

Safe to use several times a day

### Whom can use ClariCare® Daily Nasal Hygiene?

ClariCare® Daily Nasal Hygiene can be used by adults, children and infants from 15 days.

ClariCare® Daily Nasal Hygiene can be used by pregnant woman and during breast-feeding.

### Ingredients:

28% Seawater, Purified Water (Isotonic diluted seawater solution, contains 9 g/l of NaCl)

Preservatives and chemical additives free.

### How to use ClariCare® Daily Nasal Hygiene:

For babies and newborns: It is recommended to proceed nasal wash before feeding, when the child is awake and calm. Lay the baby down on a slightly inclined bed (30°) with his head to one side (never backwards to avoid the risk of wrong way into the throat).

If used by a child, adult supervision is recommended.

1. Fix the actuator to the container
2. Tilt your head to one side
3. Gently insert the nozzle in the upper nostril and press the nozzle once firmly for 1-2 seconds.
4. Let the solution act for a few seconds
5. Repeat the process for the other side/nostril
6. For adults and children: Blow your nose



For babies and newborns: lift the baby's back up, and wipe its nose or use nasal aspirator. Wash the nozzle with hot water after each use and dry properly.

### Recommended posology:

Daily preventive use: Spray 1-2 seconds in each nostril 1-2 times a day

In case of nasal symptoms: Spray 1-2 seconds in each nostril 4-6 times a day

### Also available:

ClariCare® Baby for children and babies 2 weeks and older.

If nasal symptoms prevail beyond 5 days for babies and 10 days for adults and children, consult a healthcare professional.

Use by more than one person may spread infection.

Do not use after the expiration date printed on the packaging.

Do not use if the packaging has lost its original appearance.

In case of nasal irritations, temporary tingling may appear during the use.

### WARNING:

Protect from sunlight. Do not expose to temperature exceeding 50°C/122°F.

Pressurized container:

- Do not pierce or burn, even after use.
- May burst if heated.
- Keep away from heat/sparks/open flames/hot surfaces. No smoking.

- Keep out of reach and sight of children.

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